

Flip the Script Programme Torbay Youth Service	Activities and Outcomes
<p>Flip the Script is a 1 to 1 programme for young people at Early Help (soon to be Family Help), level aged 11 to 17 years, and they are offered up to 12 sessions, with an initial home visit. Referrals come from an outcome from Early Help panel or from sign up from an Early Help Manager.</p> <p>We develop a plan and review process together to set some small goals and go out for walks or to places of interest to build trust – or to start at home if needed.</p> <p>The goal is for the young person to be able to find a group or activities they enjoy with the Youth Service if possible. Over this journey the youth worker and young person may decide to visit partner organisations and other provider sessions if we cannot meet their interests within our own youth offer.</p> <p>This is mainly a term time only programme.</p> <p>Please contact Jenny Hunt Senior Youth Worker 079020806455 Mon to Thurs youthservice@torbay.gov.uk</p>	<p>Our young people will have a wide range of needs and circumstances, and our team adapt their sessions to meet the needs of the young person. The Programme affords the opportunity for young people to:</p> <ul style="list-style-type: none"> • Have someone to talk to and to be listened to. • Find things to do that they enjoy. • Get out and about, especially if the young person has been feeling isolated. • Begin thinking about their home life and what they do enjoy about it. • Start to look at their aspirations as well as school, college, and education. • Start to explore their relationships – including in their friendships and with their family and how to enhance these if needed. • Supporting young people with thinking about their identity. • Learn new skills and celebrate their talents • Follow the National Youth Agency Youth work curriculum. • For young people to take part in healthy activities and cooking, to include sports and walking and getting out in the fresh air and away from screen time • Have fun!
Our Youth Service Community Torbay Youth Service	Activities and Outcomes
<p>We also accept Youth Work Community Referrals for any young people through their supporting worker/parent/carer if young people want to join our groups and activities. This is also if they have a social work intervention.</p> <p>This usually involves a telephone call and an invitation to our groups and to join our mailing list. In some circumstances a home visit may be necessary.</p> <p>Young people can also do a sign-up form for themselves.</p> <p>Please contact Jenny Hunt Senior Youth Worker 079020806455 Mon to Thurs youthservice@torbay.gov.uk</p>	<ul style="list-style-type: none"> • Whilst 1 to 1 sessions can enable young people to build their confidence to be able to attend other youth work sessions, when possible, we welcome young people coming along to our sessions and activities as below • Here they get to meet new young people and make friends • Young people can learn new skills and take part in activities they may not have done before • They can learn life skills and improve their fitness and to explore healthy life choices

The She and Us Closed Group Torbay Youth Service	Activities and Outcomes
<ul style="list-style-type: none"> • Wednesdays 6-8pm at Chill'd Out youth project in Torquay • Transport is provided • Young people decide on session content • Open to young people identifying as young women • Ages 11-17 years • This group is term time only <p>Please contact Jenny Hunt Senior Youth Worker 079020806455 Mon to Thurs youthservice@torbay.gov.uk</p> <p>Young men's Project based sessions to resume once again in the autumn.</p>	<ul style="list-style-type: none"> • A mix of circumstances and experiences for our young women • Young women engage in active decision making and positive time together within a place of belonging • We explore a range of healthy living and relationship topics, including women's health, sexual health, drugs and alcohol awareness, vaping and smoking harm reduction, periods, contraception, what is a healthy relationship, bullying, friendships, sleep hygiene, exam stress etc • The young women cook and eat healthy food together • The team have a Noamie plan in place with aims and objectives (National Youth Agency) • We hold She and Us summer residential overnight camps. • The young women held a Christmas meal together in a local restaurant • The young women have completed 2 music programmes with Sound Communities to explore their self-expression and to engage in teamwork • The young women will be able to access the Doink programme shortly (condom scheme) • Healthy activities are also available but are not as popular with the young women – such as tennis, games and badminton • She and Us was featured in the Director of Public Health's Annual Report: Women's Health (Community)
Tabletop Role Play Closed Group Torbay Youth Service	Activities and Outcomes
<ul style="list-style-type: none"> • Currently for young people 15-19 yrs • Term time only, but with space to meet within our holiday programmes • Some transport provided • Capacity in the TTRP group for a maximum of 7 players • This group was meeting on Thursdays at Chill'd Out Youth Project in Torquay and then have been meeting temporarily on Saturdays due to staffing issues – this session will return to 	<ul style="list-style-type: none"> • This is a Medieval story with characters. • There is a Games master, and the group use their imagination and skills • The sessions also offer youth work discussions and a place of belonging, particularly for young people who may feel isolated • Discussions and support around topics alongside the game – this could be for example exam stress, healthy choices, relationships, family issues, friendships etc can be explored

<p>Thursdays in the autumn as part of a wider group session for young people that require a gentle, quieter space</p> <p>Please contact Jenny Hunt Senior Youth Worker 079020806455 Mon to Thurs youthservice@torbay.gov.uk</p>	<ul style="list-style-type: none"> There are high levels of participation and decision making for the young people
Wild Wellbeing Project – School group Torbay Youth Service	
<p>This is a new pilot project taking place with students from a local school</p> <p>Thursday afternoons started in July and will return in September after the summer holidays</p> <p>Please contact Paul Taylor Senior Youth worker, Weds to Fri 07766990922 Youthservice@torbay.gov.uk</p>	<p>Activities and Outcomes</p> <ul style="list-style-type: none"> 12-week programme beginning with team building Students take part in healthy activities that they choose as a team to support healthy choices May include cycling, tennis, sports, rock pooling, beach walks, healthy cooking and nature-based activities
Doing it Differently Fridays Torbay Youth Service	
<ul style="list-style-type: none"> This drop in is held at Parkfield Centre in Paignton all year round The session is 6.30pm to 8.30pm The session has provided social and diversionary activities over many years for young people aged mainly 11 to 17 years Sports in the sports hall and support of young people outside in the park There are Juniors and Seniors climbing sessions with Reach Outdoors <p>Please contact Paul Taylor Senior Youth worker, Weds to Fri 07766990922 Youthservice@torbay.gov.uk</p>	<p>Activities and Outcomes</p> <ul style="list-style-type: none"> Large numbers of young people attending There is a climbing for juniors (8+) and seniors (11/12 to 17) After 4 sessions, young people can begin their NICAS award Has run with partners – YMCA, TQ united and Reach Outdoors is ongoing Wide range of experiences and needs for young people can be supported where required in such areas as exploitation & potential county lines, ASB, family breakdown, isolation, not in work, education or training, hard to engage/reach young people, drug and alcohol issues, sexually active young people, early intervention for junior climbing, young people with SEN needs & neurodiversity, unhealthy relationships, gender issues, LGTQIA+ young people, vaping and risk taking, cared for young people, internet safety Safe space on Friday nights with sports on offer – table tennis, basketball, football, badminton

	<ul style="list-style-type: none"> Place of belonging, healthy choices, sports and fresh air, young people in the skatepark, presence on site – access support, first aid, info and support Doink will soon be able (Condom scheme), for young people aged 13 plus monthly
Saturday Drop-in Programme Torbay Youth Service	Activities and Outcomes
<p>Warm, safe space and project activities 11 to 17 years at Chill'd Out Youth Project in Torquay with offsite activities 12-3pm. This session will take place on some Saturdays in the summer.</p> <p>Please contact Paul Taylor Senior Youth worker, Weds to Fri 07766990922 Youthservice@torbay.gov.uk</p>	<ul style="list-style-type: none"> Held at Chill'd Out 3 weeks of the month – cooking, food, games, issue-based discussion, tennis, sports Healthy living and wellbeing discussions and activities Was having monthly off-site clip and climb sessions in Exeter Has been good to have a presence on the weekend, however young people are often busy on Saturdays and so in consultation with young people it has been agreed to stop this session from the autumn The schools project and young men's work will replace the resources used on Saturdays
Kaleidoscope Torbay Youth Service	Outcomes
<p>Our LGTQIA+ offer for 11 to 17 years</p> <p>Please contact Jenny Hunt Senior Youth Worker 079020806455 Mon to Thurs youthservice@torbay.gov.uk</p>	<ul style="list-style-type: none"> Was in partnership with South Devon College when the Youth Service was in Torbay Youth Trust from 2020 to 2023 Our LGBTQIA+ worker 5 hours – supporting 2 young people at a time 1 to 1 with a view to accessing Proud2be sessions Supporting young people around their identity and belonging
Holiday Programmes Torbay Youth Service	Activities and Outcomes
<p>Easter, summer and half term activities</p> <p>Please contact Jenny Hunt Senior Youth Worker 079020806455 Mon to Thurs youthservice@torbay.gov.uk</p>	<ul style="list-style-type: none"> Sessions within Chill'd Out and Parkfield during the daytime Water based/outdoor education activities and camps for our groups etc in the summer Last year's 2 wild ranger days at the Zoo promoting environmental issues and animal care – this year one day Open to regularly attending young people and open access to Children's Services

- Fun, skilled based, new experiences, getting out of Torbay, sense of belonging and healthy living experiences
- Please see the attached summer programme

Youth Clubs/Provision in Torbay July 2025

This is not exhaustive list and contact with the partners will provide up to date information.

Torbay Youth Service Youth Service - Torbay Council

Two main venues used (were Youth Service buildings previously): Chill'd Out Youth Project, Abbey Park, Torquay, TQ2 5HP and Parkfield Centre, Off Colin Road, Paignton, TQ3 2NR

Community Youth Provision

The Acorn Centre Youth Club Torquay	Activities
<ul style="list-style-type: none"> • Mondays 7-9pm Lummaton Cross, Torquay, TQ2 8ET • Suitable for Year 7 and up • Free to join <p>Enquiries: 01803 3298819 enquiries@acorncentre.co.uk</p>	<ul style="list-style-type: none"> • Games • Arts and Crafts • Tuck shop • Much more • Some music sessions with Sound Communities
Play Torbay	Activities
<p>AsRus</p> <ul style="list-style-type: none"> • Wednesdays 5.30pm to 7.00pm at Indigoes Play and Ecology Centre, Packhall Lane, Brixham, TQ5 OEQ 	<p>“Providing activities and social learning experiences for young people in Torbay who have Autism Spectrum Conditions (which may or may not be diagnosed).”</p> <ul style="list-style-type: none"> • Meet friends • Play outdoors, bushcraft and trips • Make music with support from music leaders & Karaoke

<p>Mayfield Hub Club</p> <ul style="list-style-type: none"> Thursdays 5.30-7.00pm at Mayfield School, Moor Lane, Torquay, TQ2 8NH. <p><u>Resource for children on the Autism Spectrum — Play Torbay</u></p>	<ul style="list-style-type: none"> Different opportunities each week Arts and crafts Making food to eat in and outdoors Siblings and parents/carers can attend Cost £3.00 per child and accompanying adult free
<p>Youth Clubs at the Windmill Centre</p>	<p>Outcomes and Activities</p>
<p>Older Youth Club for secondary school age</p> <p>Tuesdays 4.15pm to 6.15pm (term time only) Thursdays 6.30pm to 8.30pm (all year)</p> <p>Young youth for Primary Years 3-6 (8 years +) Thursdays 4.30pm – 5.30pm (term time only)</p> <p>The Windmill Centre, Pendennis Road, Torquay, TQ2 7QR</p> <p><u>Youth@windmilltorbay.org.uk</u></p> <p>Tel: 07827844942 (club times only)</p>	<p>“The club offers a range of activities that are youth led. These activities will come under the 4 main brackets</p> <ul style="list-style-type: none"> Cooking – To promote transferable life skills such as food hygiene, cooking skills and preparation and promote healthy eating. Sport/physical activity – To help with physical wellbeing, mental wellbeing and development as well as teamwork and social skills. Craft – To promote mental wellbeing, self-expression and boost self-esteem. This also encourages teamwork and socialisation. Games – To promote social skills, teamwork and mental wellbeing” <p>Youth led, feedback welcomed and free.</p>
<p>Foxhole Community Centre Youth Drop in</p>	<p>Activities</p>
<ul style="list-style-type: none"> Open access youth drop in club for children aged 5 years to 11 Fridays 4pm to 6pm Run by partner organisations Play Torbay, Shaaq Torbay, and Argle Community Trust with support from Torbay Council, Kings Ash Academy, Paignton Police and Sanctuary Housing 	<ul style="list-style-type: none"> Games Free safe space Socialising Support Play pool, table football and board games Make new friends

Foxhole Community Centre, Belfield Rd, Paignton TQ3 3UZ	<ul style="list-style-type: none"> • Foxhole Fridays — Play Torbay
Upton Vale Baptist Church	Activities
<p>Wednesday Youth Club School years 7-13</p> <p>7pm to 8.30pm</p> <p>St Marychurch Road, Castle Circus, TQ1 3HY</p> <p>Upton Vale Baptist Church : UV Youth</p>	<ul style="list-style-type: none"> • Play games • Sports • Games consoles • Pool and table tennis • Chill out with friends • Tuck shop • £1.00 <p>Please see UV kids</p>
Checkpoint Phoenix group	
<p>Fortnightly Group 01803 200100</p> <p>CheckPoint The Children's Society</p>	<ul style="list-style-type: none"> • Is for young people living with learning disabilities, physical disabilities or who are socially isolated • A safe space • Fun activities such as bowling, crazy golf • Give views on local issues
PHAB Club	Activities
<p>PHAB Club – Youth Groups</p> <ul style="list-style-type: none"> • Mondays nights – 7pm to 9pm, for children and young people aged 14-25 	<ul style="list-style-type: none"> • “The club provides an excellent centre for young people with disabilities in Torbay and arts, sports, drama and trips for disabled and non-disabled young people.”

<ul style="list-style-type: none"> • Last Monday in the month – 9pm to 10pm in the pub for over 18's • Wednesday nights from 6.30pm to 8pm, for children and young people aged 8-18 • Barton Baptist Church • Term time only • Contact Nicky Timmings Tel 074812676659 	<ul style="list-style-type: none"> • Find them on Facebook • The cost is £4.00 per session <p>Club nights are subject to change to fit in trips and additional activities</p>
Proud2be	
<p><u>Youth Groups - Proud2Be CIC</u></p> <p>Newton Abbot Youth Group LGBTQIA+ young people 13-17 5:00 – 7:00 PM every Tuesday (term-time)</p> <p>Torbay (Paignton) Youth Group LGBTQIA+ young people 13 17: 5:00 – 7:00 PM every Wednesday (term-time)</p> <p>Low-Key Youth Group (Paignton) LGBTQIA+ young people aged 13-17 (booking is required as spaces are limited): 5:00 – 7:00 PM every Thursday (term-time)</p>	<ul style="list-style-type: none"> • Locations to be shared once a registration form has been completed • Free sessions • “a safe and friendly environment to meet other young people, access accurate information, and participate in fun activities!”
Brixham Youth Club	
<p>Brixham Town Council and Fuel Youth Initiative CIC launched in June</p> <p>Tuesdays (term time), 3.30pm to 5.00pm Scala Hall 11 to 18 years</p> <p>info@fuelyouthwork.org.uk</p>	<p>Activities</p> <ul style="list-style-type: none"> • Safe space • Active decision making • Lots of fun activities • Tuck shop • Milkshakes and more
Other Provision	
<p>Imagine this Torbay</p>	<p>Imagine This Torbay Making Torbay a Great Place to Grow Up</p> <p>Front Page - Sound Communities</p>

<p>Sound Communities – music education, radio skills, Ocean Youth Radio</p> <p>Reach Outdoors – outdoor education and climbing wall</p> <p>Cycle Torbay – “Fix, ride, thrive”</p> <p>Ellacombe Community partnership ECPartnership2017@hotmail.com – summer programme and community activities</p> <p>Lovesports – summer activities, football, street-based youth work toby@glotorbay.co.uk 07704 921982. Website under construction.</p> <p>Active Devon</p> <p>Girls Against Anxiety Mon & Weds under 18’s 4.30pm to 5.30pm in Paignton</p> <p>Turning Heads</p> <p>Moor to Sea Music Collective</p> <p>Orchard Forest School</p> <p>Taleblazers</p> <p>YMCA South Devon – Events and youth work through alternative provision</p>	<p>Home Reach Outdoors Outdoor adventure specialists, Devon</p> <p>Cycle Torbay Cycle Torbay, Fix, Ride & Thrive Events Rides</p> <p>Torbay Communities Ellacombe</p> <p>HOME love-sports-project</p> <p>Active Devon - Supporting and Inspiring for an Active Devon</p> <p>Girls Against Anxiety</p> <p>Welcome to Turning Heads CIC - Turning Heads</p> <p>Moor to Sea Music Collective - Home</p> <p>Orchard Forest School - Lupton House Devon</p> <p>Taleblazers – Changing lives by connecting people with nature</p> <p>YMCA South Devon</p>
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